

# The Forsus Appliance

- Today your orthodontist placed a new appliance that is designed to produce the highest quality result in as efficient a treatment time as possible.
- The new appliance is called a 'Forsus Appliance' and is generally prescribed as a substitute for wearing elastics (rubber bands) or a headgear. The Forsus works on correcting your bite around the clock so that you will not have to deal with carrying or replacing rubber bands or wearing a headgear.
- The Forsus is designed to withstand normal biting forces but, like all orthodontic appliances, it can be damaged or broken if appropriate care is not taken by you.
- Here are some easy tips to ensure that your experience with wearing the Forsus is as efficient and trouble-free as possible:
  - The Forsus is designed to accommodate normal mouth opening for eating and speaking. Excessively wide opening, however, may damage the appliance. Carefully try to feel how wide you can open before the Forsus stops you. Remember this and try to always open a little less than the maximum distance.
  - The Forsus is designed to move a little toward your cheek when you close your mouth, chew or swallow. If it gets between your teeth, do not bite on it. Biting on the appliance may deform it or cause breakage.
  - Always be careful about what you eat. Avoid hard or sticky foods and be sure to cut your food into small pieces.

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